



SWARVED MAHAMANDIR DHĀM

A Timeless Wonder



An Overview of Social Activities
Swarved Mahamandir Trust

info@vihangamyoga.org
Swarved Mahamandir Dham, Umraha, Sarnath, U.P.

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Brief Profile

The Swarved Mahamandir Trust (SWT) is a non-profit, non-political, charitable & social organization registered under the Indian Trust Act.

The trust was established for the welfare & upliftment of women, children, elderly & individuals who are physically, economically, and socially challenged irrespective of their caste, creed, religion & gender.

Over the years, since its establishment in 2004, SWT has been undertaking, facilitating numerous types of charitable, social, and public welfare programs in various states of the country.

Our Activities

The Swarved Mahamandir Trust facilitates numerous activities across India. Our activities could be summarised as the Core initiatives and the Focused initiatives.

All of our activities are ongoing and being undertaken with active and passionate involvement of hundreds of volunteers and with the support of kind donors who value our community initiatives. Our activities could be summarised as follows:



CORE INITIATIVES

01 SUPPORTING THE MOST UNDERPRIVILEGED & NEEDY IN COMMUNITIES

These activities are primarily undertaken in the regional and rural regions of Uttar Pradesh and other states. With the active involvement of our volunteers and donors, SWT has been able to reach out to thousands of individuals who are in desperate need for basic amenities of food, clothing, and shelter.



Our activities include:

Providing free meals for the poor and those needing help

The trust has arranged free food for the neediest people in accordance with our pledge of "Anna Daan Mahadaan".

Over the years, the trust has expanded on the "Anna Daan Mahadaan" scheme into a large-scale initiative. As part of this we provide free food through numerous "Ashram Bhojnalaya" in our Sadguru Sadafal Vihangam Yoga Sansthan's ashrams & in dedicated camps where thousands of people are provided meals.

Free food is also served to the participants in the free health & yoga camps organized by the trust. Due to the grand success & popularity of this initiative, the trust has expanded the scope of our service and collectively we are able to support over 10 lakh individuals per year.



Donating free clothing and blankets amongst the neediest

The Swarved Mahamandir Trust acknowledges that many individuals are unable to afford buying proper, in some cases, basic clothing for themselves and their families due to financial constraints. It is one of our core initiatives that we donate free clothing and blankets to the needy multiple times across the year.

On an average, our Trust supports over 10,000 individuals every year.



Organising wedding of young girls belonging to poor or underprivileged families

The Swarved Mahamandir Trust acknowledges the challenges individuals living in remote and regional areas face in getting their daughters married. It becomes a major financial constraint for them, and we have been supporting such families for many years.

Annually, we support up to 500 such families towards this noble cause, in remote and regional parts of India. We are confident with the generosity of our kind donors and active support from our social volunteers that we will continue to bring hope to many more families with each passing year.



स्वर्वेद महामंदिर ट्रस्ट के तत्वावधान में विहंगम वस्त्रदान का आयोजन

परमार्थ को संतों का जीवन



जो जाड़े में मिला कंबल का सहारा

स्वर्वेद महामन्दिर ट्रस्ट के द्वारा कंबल वितरण

(लगभग 3000 जरूरतमंद के बीच कंबल का वितरण किया गया)



डुबकिया, वाराणसी, 9 जनवरी 2022



पूरन पट्टी, वाराणसी, 9 जनवरी 2022



तरायाँ, वाराणसी, 10 जनवरी 2022



पियरी, वाराणसी, 10 जनवरी 2022



खरगीपुर, वाराणसी, 11 जनवरी 2022



उमरहाँ, वाराणसी, 11 जनवरी 2022



पनिहरी, वाराणसी, 12 जनवरी 2022



पर्वतपुर, वाराणसी, 13 जनवरी 2022

परमार्थ को संतों का जीवन

मानव दुःख का महाप्रसाद है, संतों का जीवन परमार्थ के लिए होता है. विज्ञान देव महाराज

स्वर्वेद महामन्दिर ट्रस्ट की ओर से बांटे गए कंबल

उमरहाँ में स्वर्वेद महामन्दिर ट्रस्ट के तत्वस्थान में राधेश्वर को शिष्टम घराने का आयोजन हुआ। इसमें संत प्रवर विज्ञान देव महाराज ने डुबकिया और पूरनपट्टी में लगभग 900 जरूरतमंदों में कंबल वितरित किया।

मरीचों को जाड़े में मिला कंबल का सहारा

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दंडकवन आश्रम द्वारा “धाबणा वितरण कार्यक्रम” योजायो



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वांसिया तणाव, नवानगर, भडकिया, गुंज, महुवास, मनपुर, भीढाबारी, गंगपुर अने डांग जिल्लाना भेसकातरी अने आशुबाजुना गाभोना जड़ुरियात मंड परिचालने धाबणा वितरण करवामां आयुं अने आ साथे तंडारानु आयोजन पल करवामां आयुं लुंतुं. तेमज आ साथे गुजरात महुला आयोगना थेरमेन लीलाभेन अंकोलिया जेओ विहंगम योग मातृशक्ति गुजरातना अध्यक्ष, महेन्द्रभाई गुजरात कतारगाभवाला गुजरात विहंगम योग संत समाजना अध्यक्ष अने अशोकभाई अग्रवाल द्वारा पल धाबणा वितरण करवामां आयुं लुंतुं.



02 SUPPORTING THE ELDERLY AND INDIVIDUALS LIVING WITH A DISABILITY

The Swarved Mahamandir Trust has set itself a key goal of supporting individuals living with a disability in various ways through focused initiatives.

These support activities are primarily focused

on those who cannot afford to access them on their own due to financial and other related constraints.

Our activities include:

Focused programs for serving the elderly

As a Trust, we offer exclusive services for elderly segments of society. We imbibe deep respect towards our elders in all such activities, recognising that it is through their sustained efforts that we, as a community, society, and nation, have been able to grow.



Focused programs to support individuals who are living with a disability

For a number of years, we have been offering services to those suffering from disabilities in life. For many such individuals, a disability significantly impacts their day-to-day quality of life, and extends into having deep impact on their sense of self and mental health.

One of our key activities in this respect is the donation of tricycles and other supportive devices to a number of members of the disabled community.



03 FACILITATING COMMUNITY AWARENESS PROGRAMS FOR EVERYONE'S WELFARE

Creating public awareness about health and wellbeing

These camps aim to create awareness around general health and mental health.

Provision of free medical facilities and treatment is offered to those who are unable to access them due to financial or other constraints. These services are made available in the remote and regional areas for the neediest sections of rural communities.





Facilitating mass social awareness camps addressing social problems

In current times, many communities are grappling with the serious impacts of addiction on individuals, their families, and the communities they belong to – be it consumption of alcohol, tobacco, use of drugs or other addictive substances.

Acknowledging the devastation it causes, the Swarved Mahamandir Trust has been organising focused group discussions, and camps to raise awareness of the harmful impacts of such substances, and how to prevent addiction through well-informed steps.



Facilitating social awareness about environmental protection and lead mass plantation

The Swarved Mahamandir Trust strongly believes that environmental health and its protection is everyone's shared responsibility. Our nation along with the rest of the world has been seriously impacted by the impact of pollution and global warming.

The trust has taken this as a critical mission to educate the masses through a number of initiatives. We engage ourselves in mass plantation of samplings, plants, and environmental protection activities across India through focused activities involving thousands of volunteers across the country, and raise awareness of caring for our planet.

04 PROVIDING EDUCATION AND TRAINING OPPORTUNITIES TO THE NEEDIEST FOR SELF-RELIANCE

These programs are undertaken with a core objective of promoting self-reliance amongst the participants by equipping them with education and training. Our focus is to support young children, girls and women belonging to families who cannot afford to fulfil their dreams due to financial or other constraints.



Provision of free educational opportunities and support to those learners who come from an underprivileged background

The SMT provides free schooling, food provisions and books in two schools for up to 1200 students from across regional villages and cities.

Furthermore, the SMT:

- Provides education at no cost to learners. Additionally, free daily meals and all other amenities are provided. Boarding facilities are provided to those who need them.
- Undertakes a mass distribution of free educational resources, tools to children coming from poor families every year. This

is to support them with the basic learning materials, pencils, erasers, school bags etc. enabling them opportunities of going to school and pursuing education.

- Organises mini libraries for students ensuring they have access to a wide range of books for developing their knowledge – this is to support the students in remote and regional centres in furthering their learning.

Facilitating skill development programs and workshops for women empowerment

Our objective in offering such programs has been to educate and provide strategies to women in our target communities and empower them with knowledge and skills for financial self-reliance.

We started offering these sessions from 2013 onwards and have focused on supporting women in the below-mentioned districts and their villages. We have plans to progressively expand our reach to the needy in other regions of Chhattisgarh.

- Raipur
- Dhamtari
- Bastar

Our team presented various case studies of women who became self-reliant upon acquiring skills and how they succeeded in utilising their newly acquired skills to develop their own business. As a result of these sessions, we have observed that participating women have:

- Become self-reliant
- Established entrepreneurship skills
- Are leading a happy life supporting their families



स्वर्देद-कथामृत के प्रवर्तक सन्त प्रवर श्री विज्ञानदेव जी महाराज के ज्येष्ठ आत्मज श्री अक्षरदेव जी के 12वें जन्मोत्सव पर देश के लगभग 130 स्थानों पर अक्षर फाउंडेशन एवं स्वर्देद महामन्दिर ट्रस्ट के तत्त्वावधान में हजारों जरूरतमंद बच्चों को उपहार सामग्री (पाठ्य सामग्री) वितरित किया गया।

सद्गुरु सदाफलदेव आप्त वैदिक गुरुकुलम् में 150 छात्रों को उपहार सामग्री (पाठ्य सामग्री) वितरित किया गया। स्वर्देद महामन्दिर धाम, वाराणसी, 25 फरवरी 2022

जन्मदिन पर बच्चों के बीच पढ़ाई सामग्री का वितरण

झुमरी तिलैया, कोडरमा

जरूरतमंद बच्चों को बांटी पाठ्य सामग्री

अक्षर देव के 12 वें जन्मदिन के शुभ अवसर पर स्कूल के बच्चों में पढ़ाई सामग्री तथा विस्किट, टॉफी का किया गया वितरण

05 ONGOING PROGRAMS FOR DISSEMINATION, AND PRESERVATION OF INDIAN CULTURAL HERITAGE AND VALUES

Creating awareness about the practices of Yoga and Meditation in life for balanced living

Organising various Yogasana, Pranayama, and meditation training camps and seminars for the benefit of the larger communities across India. This is to promote the physical, mental, and spiritual well-being of all participants and practitioners.



RNI-No. UPHIN/2007/21500 पंजियन संख्या एल-2/9/रजि/एडी-9 2021-2023

सद्गुरु सदाफलदेव आप्त वैदिक गुरुकुलम्

नये सत्र का प्रवेश प्रारम्भ

गुरुकुल की परम्परा : यज्ञोपवीत के पश्चात् विद्यारम्भ गुरुकुल के शैक्षणिक सत्र का विधिवत् शुभारम्भ

गुरुकुल के विभिन्न गतिविधियों में भाग लेते छात्रगण

गुरुकुल की व्यवस्थाएँ :-

- 300 से अधिक बच्चों की निःशुल्क शिक्षा के लिए सुव्यवस्थित परिसर एवं अध्ययन कक्ष
- आवास एवं सात्त्विक आहार की निःशुल्क उत्तम व्यवस्था
- सुयोग्य आचार्यों द्वारा अध्ययन-अध्यापन की व्यवस्था
- स्वास्थ्य लाभ एवं खेल-कूद के लिए विस्तृत क्रीड़ा-क्षेत्र
- वेद, व्याकरण, ज्योतिष, कर्मकाण्ड, दर्शन, स्ववेद, विहंगम योग दर्शन, संगीत, अंग्रेजी एवं कम्प्यूटर आदि विषयों का अध्ययन
- बच्चों के बस्त्रादि (ड्रेस) एवं पाठ्य-सामग्री की निःशुल्क व्यवस्था
- शारीरिक विकास के लिए योगासन का प्रशिक्षण
- संस्कृत बोर्ड से संबद्ध विषयों का अध्ययन
- बौद्धिक एवं आत्मिक विकास के लिए प्रतिदिन हवन-यज्ञ एवं ध्यान-साधना का अभ्यास
- पुस्तकालय एवं वाचनालय की व्यवस्था

सद्गुरु सदाफलदेव आप्त वैदिक गुरुकुलम्
स्ववेद महामन्दिर धाम, उमरहाँ, वाराणसी, नामांकन हेतु सम्पर्क करें - 9511001985, 8698963420, 9795778785



Free Vedic education to students

The SMT recognises and appreciates the importance of our Vedic traditions. To ensure we advocate for and propagate the wisdom of our Vedic Masters through the generations, and to provide those children who lack an education with a holistic education, the SMT offers Vedic education for free to a number of students every year.





Organising regular blood donation camps - promoting the ethos of ultimate Seva

Blood donation camps are organised across India and around the globe with thousands of volunteers donating blood every year.





Establishing and managing “Gau Shalas” – ultimate service of the Gau Mata

Serving ‘Gau Mata’ is a service deeply ingrained in our traditions. At SMT, we rear over 1000 cows across 28 Gaushalas, all of a local Indian breed. 90% of the milk produced in these Gaushalas is donated to pregnant women, or those who have infants.

Rearing of Cows and their protection through numerous Gaushalas managed by the SMT.



02 CONSTRUCTION OF THE SWARVED MAHAMANDIR MEDITATION CENTRE

The largest meditation centre of the world where 20,000 meditation practitioners can meditate within its premises at a time, the Swarved Mahamandir is a major project of the SMT, supported by Honourable Shri Narendra Modi Ji, the Prime Minister of India.

The Swarved Mahamandir represents the repository of spiritual knowledge which has been present in India for time immemorial, and the unique significance of Swarved – a spiritual treatise composed by the Founder of Vihangam Yog, Sadguru Sadafal Deo Ji Maharaj.



03 FACILITATING COMMUNITY SUPPORT ACTIVITIES

The SMT has facilitated a number of emergency response and relief activities due to natural disasters like flood and other natural calamities such as COVID19 Pandemic.

COVID19 relief activities

SMT supported thousands of individuals impacted due to the COVID19 Pandemic.



FUTURE INITIATIVES

01

EYE HOSPITAL & CENTRE FOR DIFFERENTLY ABLED

“Our body is the medium or agent for achieving anything” is an ancient Indian saying. To help people follow it, and with a determination for serving humanity, a modern hospital is proposed. In the initial stage, it'll host 100 beds. It will be specialized for common, yet very serious health disorders like eye and hearing problems, but will also address those with cardiac troubles, cancer and diabetes. This hospital will have special provisions for serving underprivileged people. This medication centre will work as a unique service centre towards humanity,

where divine blessings add to the effect of medicines, resulting in a speedy recovery of a patient. Apart from the treatment through latest medical science, the patients will be taught the all-time-trusted Indian skill, Yogásana, by the very best trainers.

Medication Units: Ophthalmology, Cardiology, Oncology, Diabetes

Total land area: 50,500 sq. m



02

NATUROTHERAPY CENTRE

Today natural therapy is known as the best way of treatment. This method uses no medicines. There are special ways to detect the root cause of the disease and the patient is treated on physical, mental, moral, psychological as well as spiritual level; resulting in permanent recovery. The body is healed by curing the mental and

psychological faults of a patient through organised living and by using natural methods. To avail the benefits of this unique and effective therapy, the organisation has a proposal of establishing a super speciality naturotherapy centre having all facilities.

Total land area: 2,000 sq. m

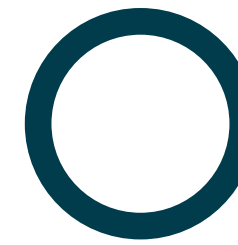
03

EDUCATION CENTRE

Sensing a need of establishing a premium educational institute, with a proper synchronisation between the ancient Vedic values and the needs of modern age, a school, a temple of education has been planned. In this institute, the students will get the essence of rich Indian culture along with the modern science and technology. The aim of this institution is to create a well cultured, independent personality, having a

true Indian character with patriotism and the enlightenment of true spirituality. The students passing out from this school will have the zeal and of course, capability of making the whole country proud of them.

Total land area: 50,000 sq. m



05

OLD AGE HOME

Today natural therapy is known as the best way of treatment. This method uses no medicines. There are special ways to detect the root cause of the disease and the patient is treated on physical, mental, moral, psychological as well as spiritual level; resulting in permanent recovery. The body is healed by curing the mental and

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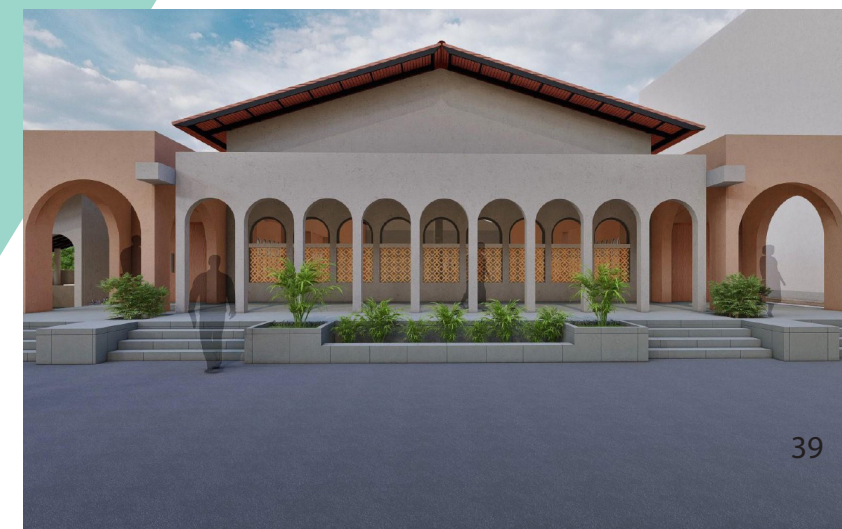
04

YOGA TRAINING AND RESEARCH CENTRE

Today the importance and power of the science of yoga is well known everywhere. Yoga is a science of inner consciousness. Researches have started in many countries to analyze the effects of practicing yoga on the body, mind, life powers and thinking. To give a shape to all Yoga related research and studies, a training and research centre has been proposed. Possessing ultra-

modern techniques, this centre will prove the capabilities of yoga scientifically. All types of yoga training will also be provided here, by yoga experts. This project is planned to be a state of art and unique yoga centre. The research centre will find out all capabilities of yoga through the modern medical science.

Total land area: 3,000 sq. m



Vihangam Yoga Centres

SMT is established across six primary centres in eminent locations of India. Anant Shri Sadguru Sadafaldeo Ji Maharaj established the Vihangam Yoga Sansthan in 1924. Rich in spiritual concepts, this organization has been a pioneer in spreading the true message of Yoga and spirituality. Today, more than 5 million people across the globe have benefitted from the Vihangam Yoga techniques.



02 MAHARSHI SADAFALDEO ASHRAM, JHUNSI, PRAYAGRAJ, UP

Located on the banks of Ganges, next to the Holy Triveni Sangam



01 VRITTIKUT ASHRAM, BALLIA, UP

Built over the meditation cave of Sadguru Sadafal Deo Ji Maharaj



03 HIMALAYA SHOONYA SHIKHAR ASHRAM, UTTARAKHAND

A unique, mysterious centre of meditation located on the lap of Himalayas.





04 MADHUMATI ASHRAM, GAYA, BIHAR

A small but beautiful Ashram on the bank of holy river Falgu, and very close to Bodhgaya, the famous Buddhist pilgrimage centre.



06 SWARVED MAHAMANDIR DHAM, VARANASI, UP

This centre is located at the cultural and spiritual capital of India, Varanasi which can sit 20,000 practitioners and spiritual seekers in one session.



05 DANDAKVAN ASHRAM, NAVSARI, GUJARAT

The place finds its mention in the Holy Epic Ramayana, hosts a meditation cave and special due to the presence of Sadguru Sadafal Deo Ji Maharaj's nails and hairlocks.



Recent visits by Eminent Dignitaries

We have been blessed to receive the audience of a number of eminent dignitaries at our centres, including Honourable Shri Narendra Modi Ji, Prime Minister of India



CONCLUSIONS

Through the SMT various Meditation centres, public drinking water facilities, old-age homes, schools, training centres, student hostels, guest house, public toilets, public showering areas etc have been constructed across UP and other states and various such amenities are in different stages of construction. Through the above-mentioned activities of the organisation, a large number of poor and unemployed individuals are being supported to become employed and self-sufficient. The organisation is committed to undertake further activities for the welfare of the general public besides the above-mentioned meaningful activities already undertaken.

The Vihangam Yoga organisation is affiliated to the United Nations ECOSOC (Economic and Social Council) and Habitat program.





Contact Details

81548 63091, 9619832641

info@vihangamyoga.org | www.vihangamyoga.org